

Brief Curriculum Vitae



Name: **Miltiades Y. Karavis, MD, FICAE**

Consultant in Physical Medicine and Rehabilitation
Spec in Acupuncture & Electroacupuncture
Director of Acupuncture Department, Filoktitis Rehabilitation Center
Director of International Postgraduate Centre of Acupuncture
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Date of birth: **27 – 1 – 1961**

- Degree in Medicine, Bucharest School of Medicine (1985)
- Certificate in Acupuncture, CEDAT (Center of Studies and Diffusion of Traditional Acupuncture) (1985).
- Specialization on Rehabilitation Medicine and Psychiatry (1995)
- Advanced Acupuncture Training in Beijing University of Traditional Chinese Medicine (TCM), Beijing, China (1994, 1996, 2005).
- President of the Hellenic Medical Acupuncture Society (from 1993 up to now)
- Director of International Postgraduate Center of Acupuncture – Acu Science of Athens (from 1990 up to now)
- Director of Hellenic Medical Acupuncture Research Center (from 1985 up to now)
- Fellow of International College of Acupuncture and Electrotherapeutics (2009).
- Member of International Association for the Study of Pain (IASP) (1994 - 2010)
- Member of the Association for Physical Medicine and Rehabilitation (since 1992).
- Member of International Myopain Society (IMS)
- Member of Hellenic Headache Society
- Member of Hellenic Pain Society
- Member of Hellenic Society of Palliative Symptomatic Care of Cancer and Non Cancer Patients.

Publications / Activities:

- 12 publications (review articles, case reports, research articles) in National and International Medical Press
- 115 oral Presentations and participations in Greek and foreign congresses.
- More than 4.000 teaching hours regarding pain treatments, medical acupuncture, neural therapies and related techniques.
- Five chapters in equal in number medical books concerning 1) Acupuncture and asthma, 2) Trigger point acupuncture and myofascial pain syndromes, 3) Acupuncture analgesia and the neurophysiological mechanism, 4) Cervicogenic headache and acupuncture and 5) Literature review concerning Acupuncture and Pain. Neural theories of Biomedical acupuncture. Basic research.
- Four Medical Books (“The Physiology of Acupuncture” 1999, “Muscle Pathology and Acupuncture” 2002 and “Acupuncture and obesity” 2003, “Treating musculoskeletal Pain Disorders with Acupuncture”, 2011) published in Greece.